### GCONL QUARTER ONE MEETING MINUTES

**Date:** June 23, 2022  
**Time:** 3pm – 4:37 pm  
**Location:** Zoom Meeting  
**Attendance:** 45 Participants

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<thead>
<tr>
<th>Topics</th>
<th>Time</th>
<th>Discussion</th>
<th>Actions/Resolution</th>
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<tbody>
<tr>
<td>I. Welcome/Call to Order</td>
<td>3:00pm</td>
<td>The meeting was called to order by Karen Gates, DNP, RN, NE-BC</td>
<td>None</td>
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| II. Secretary Approval of March Meeting Minutes | 3:04 pm | No changes/updates requested by members  
Motions to Approve:  
1. Catherine Skowronskey  
2. Jan Murphy  
Minutes and all information will be uploaded on website | Regina Schneider, DNP, RN, NEA-BC, CNOR |
| III. Treasurer Report | | • The account is now over $12k due to the increase in membership  
• 100 new members for the months of March, April, May and June  
• We have one outstanding invoice, but are following up on that  
• We provided a gift card for our last meeting speaker that was deducted from our balance | Sherri Stephens, MSN, RN |
| IV. President Elect Report | | • The Fall Retreat is almost complete. Save the date for Fall Retreat luncheon Sept 22 12noon-4pm. Clifton Club. First in-person meeting in two years.  
• Planning committee to start on Holiday retreat.  
• Shannon Kunberger and Maria Higgins will be a part of the Holiday planning sub-committee. | Jody Blessing, MS, BSN, CNML |

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### V. President’s Report

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| OONL Updates: | | • Great Membership increase 81% in first quarter – Most in State of Ohio.  
• Kudos to Melissa Kline, Metro and Jody Blessing, St. Vincent Charity – provided reimbursement for GCONL membership for growing future leaders.  
OONL Board Meeting held on June 13 in Columbus | Karen Gates, DNP, RN, NE-BCC |
| | | • Discussed on-going Covid pandemic impact  
• Increase in Work Place Violence – hospital systems prioritizing Well-Being  
• Provided overview on 2021-2022 Strategic Planning  
  1. DEI  
  2. Efficacy of nursing pipeline  
  3. Workforce wellness  
  4. Professional Growth and Leadership  
  5. Branding of OONL | |

### VI. Guest Speakers

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<tr>
<td>Introduction: Dr. Cecile Brennan, Ph.D., LPCC-S</td>
<td>3:21pm</td>
<td>Presentation: Using Mental &amp; Physical Techniques to Manage Stress, Avoid Burnout and Achieve Resiliency</td>
<td>Karen Gates, DNP, RN, NE-BCC</td>
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### VII. Closing Comments/Adjournment

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| | 4:30pm-4:37pm | • Thank for great presentation  
• Appreciate everyone’s participation in today’s meeting | Karen Gates, DNP, RN, NE-BCC |

### VIII. Upcoming Meeting

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| | | September 22, 2022 – Fall Retreat planning to be in-person  
December 1, 2022 – Holiday Celebration planning to be in-person | Meeting reminders will be sent out - Please RSVP |

**NEXT MEETING:** Second Quarter GCONL – June 23, 2022

Respectfully submitted,

Regina Schneider, DNP, RN, NEA-BC, CNOR 7.17.2022

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